Written by Dave Walsh Tuesday, 11 September 2012 02:12 -



K-1 is back and so are we. After a month without hearing Rian Scalia (@rianscalia) and myself (@liverkickdotcom / @dvewlsh) talking about Kickboxing, we are at it again. The K-1 World Grand Prix in Los Angeles happened and here are our thoughts from after the show.

Join myself and Rian Scalia as we prattle on for about 40 minutes about K-1.

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