

Welcome back to the LiverKick.com Podcast, where Rian Scalia (@rianscalia) and myself (@liverkickdotcom / @dvewlsh) talk about the latest and greatest (as well as not-so-greatest) in the world of Kickboxing and Muay Thai. This episode gives a glimpse into the K-1 World Grand Prix that went down in Croatia as well as the GLORY 5 London event, where Tyrone Spong proved that he is one of the most popular Heavyweight Kickboxers in the world.

We kick the show off by answering a few questions from you, our loyal readers and listeners.

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