Behold: Akihiro Gono vs. Yuya Yamamoto from KRUSH

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This weekend's KRUSH show saw MMA fighter Akihiro Gono return to his kickboxing roots as he dropped down to a svelte 70kg (around 150lbs) to face K-1 MAX fighter Yuya Yamamoto. Gono had some issues making weight, missing weight and having to go cut a few more kilograms to make 70kg. He hasn't fought that light in years now, so it makes sense. He looked extremely dehydrated in the photos floating around of the weigh-ins, albeit also very cut. Watch how Gono, a SHOOTO, Pancrase, ZST, DEEP, PRIDE and UFC veteran handles himself against a good K-1 MAX fighter in Yamamoto, while still out classed he had some tricks in his bag.

Not bad for a MMA fighter who was brutally KO'd by Dan Hornbuckle in Sengoku a while back.