There are a few writers out there who have gotten a bad rap over the past few years, Tomas Rios is one of them, after the whole "Joe Rogan got Rios fired" thread from the Underground Forum happened a few months ago that also involved some poor word choices. The truth is, Rios knows what he is doing, and his new blog is a breath of fresh air when he posts something new.

Rios takes a look at Alistair Overeem's absolutely astounding December where he ripped through top competition in K-1 to become the K-1 World Grand Prix Champion as well as his hilarious dismantling of Todd Duffee, a fighter who was on the "UFC-level" before his bad attitude got him fired. Rios takes a slow-motion, blow-by-blow look at the turning points in each fight and comes to a conclusion that you haven't seen a lot of people wanting to admit; Alistair Overeem is really, really good.

In his last four fights the same storyline has played out -- a single, careless mistake is made and the response is a fundamentally flawless display of pure violence. The X-factor here isn't Overeem's size, strength or anything else that is won in the genetic lottery or gained in weight rooms.

What makes Overeem so singular in combat sports is that he is a 6'5", 260 lb. heavyweight who has the striking technique to dismantle all comers and the kind of cutthroat finishing instincts that can't be explained, they can only be admired. By the way, take another look at the GIFs [included] and something else should catch your eye -- Overeem was doing work from both the orthodox and southpaw stance.

Go and read the full article for a breakdown of each fight and to see just how incredible Ubereem really is.